The 1 minute

'PADDINGTON ALCOHOL TEST'
(PAT)

N.B. 'page 3' A&E card

*Circle number(s) - max 3 - for specific trigger(s); consider for ALL the **TOP 10** (include = i.):-*

☐   ☐   ☐

1. **FALL (i. trip)**   2. **COLLAPSE (i. fits)**   3. **HEAD INJURY (i. facial)**
4. **ASSAULT (i. involved)**   5. **NON-SPECIFIC G.I.**   6. **"UNWELL"**
7. **PSYCHIATRIC (i. o'dose)**   8. **CARDIAC (i. palpitations)**   9. **SELF-NEGLECT**
                                  10. **REPEAT Attender**

Other (specify):- …………………………...

DATE: ☐   ☐   ☐

PATIENT IDENTIFICATION STICKER:

__After__ Dealing with patient's 'agenda,' i.e. patient's reason for attendance:-

1. "Quite a number of people have times when they drink more than usual; what is the most you will drink in any one day?" (Units, 8 gms alc., for pub measures in brackets; home measures often x3!)

Beer/lager/cider	__ Pints (2)	__Cans (1.5)	total Units/day
Strong Beer/lager/cider	__ Pints (5)	__Cans (4)	= _____
Wine	__Glasses (1.5)	__Bottles (9)	
Fortified Wine (Sherry, Martini)	__ Glasses (1)	__ Bottles (12)	
Spirits (Gin, Whisky, Vodka)	__Singles (1)	__Bottles (30)	

2. If this is <u>more than</u> 8 units/day for a man, or 6 units/day for a woman, does this happen

Circle

: *Once a week or more?*   =   **YES: PAT +ve**   (every day: ? Pabrinex)
or
: Less frequent ?   =   ? ***PAT - neg***   *(?, as trumped by Quest. 3)*

3. 'Do you feel your current attendance in A&E is related to alcohol?   ***YES(PAT+ve)*** */* NO

*If **PAT +ve**: 'Would you like to see our Health Worker?'*   ***YES / NO***

If <u>YES</u>: give Alcohol Advice Card with appointment for next Review Clinic + book appt.

If <u>NO</u>:   **1.** Still give patient **Alcohol Advice Card** - patient may **change** mind later and return.
         2. Still complete **PAT**; place in notes for **reinforcement** if patient reattends.
         3. Still mark **A&E notes,** p.3: PAT **'POS'**, Referred AHW **'NO'**, to **alert** staff.
         4. Still inform **GP** in A&E discharge letter: no.11 letter if alcohol **main** problem.

If **admitted,** note in AHW book & state ward if known......................................

SIGNATURE: NAME STAMP:

PAT 2000