

LETTERS

Look for an underlying cause of headache

This letter is in response to a recent *CMAJ* article on medication-overuse headache.¹ Patients do not start taking analgesics or triptans for no reason. In my experience, there is almost always an underlying chronic migraine condition. Once medication-overuse headache has been eliminated, you still need to find and treat the cause(s) of the underlying headache for the patient's condition to improve.

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Reference

1. Micieli A, Robblee J. Medication-overuse headache. *CMAJ* 2018;190:E296.

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