

## LETTERS

### High tibial osteotomy technique for knee osteoarthritis

In the article “Management of osteoarthritis of the knee in younger patients,”<sup>1</sup> Khan and colleagues cite a Cochrane review from 2014<sup>2</sup> to support the position that tibial osteotomy “improved pain and function, although available evidence was of limited quality” in disabling osteoarthritis. The authors may have been wearing rose-coloured glasses when they read this exhaustive review.

In fact, Brouwer and colleagues<sup>2</sup> conclude that “no evidence shows whether an osteotomy is more effective than alternative surgical treatment such as unicompartmental knee replacement or non-operative treatment. So far, the results of this updated review do not justify a conclusion on benefit of specific high tibial osteotomy technique for knee osteoarthritis.”

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#### References

1. Khan M, Adili A, Winemaker M, et al. Management of osteoarthritis of the knee in younger patients. *CMAJ* 2018;190:E72-9.
2. Brouwer RW, Huizinga MR, Duivenvoorden T, et al. Osteotomy for treating knee osteoarthritis. *Cochrane Database Syst Rev* 2014;(12):CD004019.

**Competing interests:** None declared.