

Patient sketches

CAN'T CATCH MY BREATH

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“I run out of breath
from changing my position in bed.
Here it is I’m trying to eat,
I can’t catch my breath.
Only way I can catch enough breath
is if I sit in this spot.
Reason I haven’t taken a third spoonful
is I can’t catch my breath
Give me a pair of running shoes,
and I’ll go run around the block.”

*See other sketches and notes by this author
at cmaj.ca.*

*This sketch and note date back more than
three decades.*

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