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Childhood Aleppo boil

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A seven-year-old girl presented with an asymptomatic papular skin lesion with central serous crust on her left cheek that had appeared 2 weeks earlier (Figure 1A). She had no history of an insect bite on her cheek or previous trauma. Polarized noncontact dermoscopy showed features consistent with cutaneous leishmaniasis (Figure 1B). Results of a potassium hydroxide examination, mycological culture and serologic test for *Borrelia* were negative. A polymerase chain reaction assay detected *Leishmania donovani* complex. An ointment containing paromomycin sulfate 15% and methylbenzethonium chloride 12% was applied nightly under occlusive dressing for 14 days, and the lesion resolved.

Old World cutaneous leishmaniasis is an endemic infection in the Mediterranean area transmitted by phlebotomine sandflies, with an incidence rate of 3.7–6.8 cases per 1000 population per year.^{1,2} The hallmark manifestation is the Aleppo boil, which usually develops within several weeks or months after the exposure and typically affects children.³ The differential diagnosis includes tinea incognito (which may be masked by topical corticosteroid use), acute prurigo and tache noir (as the initial clinical feature of Mediterranean spotted fever).

Polymerase chain reaction assay is the most sensitive test to diagnose Old World cutaneous leishmaniasis. Differing features will be seen on skin biopsy, depending on the phase of the lesion. Dermoscopy has substantially improved the diagnosis of this condition, as in our patient, who had typical features of Old World cutaneous leishmaniasis on dermoscopy. The main dermoscopic features of the condition include generalized erythema in 100% of cases, hyperkeratosis with or without central ulceration, and 2 recently identified patterns ("yellow tears" in 53% of cases and a "white starburst-like pattern" in 38% of cases).³

There is no international gold standard for the optimal management of Old World cutaneous leishmaniasis, particularly because different *Leishmania* species differ in virulence. However, clinical guidelines are available for managing different clinical scenarios.² The treatment approach for chil-

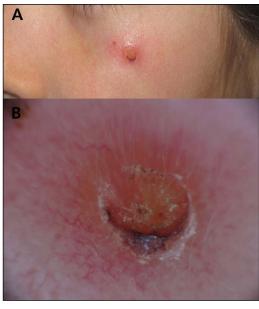


Figure 1: (A) Erythematous papule with serous central crust on the left cheek of a 7-year-old girl. (B) Polarized light dermoscopy showing basal erythema, central ulceration and hyperkeratosis with peripheral arborizing telangiectasia and white starburst-like pattern, consistent with Old World cutaneous leishmaniasis.

dren is complicated. Intralesional pentavalent antimonials often require several injections and may cause local or systemic toxicity. Other options include cryotherapy or photodynamic therapy, which are painful. The application of paromomycin sulfate 15% and methylbenzethonium chloride 12% twice daily for 20 days is an interesting therapeutic alternative, with cure rates between 77% and 94%.⁴ To minimize the irritant effect and guarantee therapeutic compliance, occlusive treatment nightly for 14 days has been used with excellent response.¹

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