

Appendix 1: Supporting websites for information on recommended limits of alcohol consumption in some countries.	
Country	Institutional source; supporting website†
Australia	National Health and Medical Research Council; www.nhmrc.gov.au/_files_nhmrc/file/publications/synopses/ds10-alcohol.pdf
Austria	Ministry of Health; www.api.or.at/akis/download/habaoe%202009a.pdf
Bulgaria	National Center of Public Health Protection; http://fnap.government.bg/UserFiles/File/ENGL%20sait/_HraneneEnglish.pdf
Canada	Center for Addiction and Mental Health; www.camh.net/About_Addiction_Mental_Health/Drug_and_Addiction_Information/low_risk_drinking_guidelines.html
Denmark	Ministry of Health and Prevention, National Board of Health; www.sst.dk/Sundhed%20og%20forebyggelse/Alkohol.aspx
France	French Institute for Prevention and Health Education; www.inpes.sante.fr/espace_alcool/reperes/site_risques_alcool/flash/default.htm
Great Britain	National Health Service; www.drinking.nhs.uk
Ireland	Health Service Executive; www.yourdrinking.ie/about-alcohol/what-is-a-standard-drink/
Italy	Ministry of Health; www.ministerosalute.it/stiliVita/documenti/AlcolSeiSicura.pdf
Spain	Ministry of Health; www.pnsd.msc.es/Categoria2/publica/publicaciones/Guia2008/alcohol.htm
United States	Centers for Disease Control and Prevention; www.cdc.gov/alcohol/quickstats/general_info.htm US Department of Health and Human Services; www.health.gov/dietaryguidelines/dga2005/document/pdf/DGA2005.pdf
†Accessed Dec. 3, 2010.	