

Appendix 1 Percentage of women experiencing an unintended pregnancy during the first year of typical use and the first year of perfect use of contraception, and the percentage continuing use at the end of the first year. United States.

Method (1)	% of Women Experiencing an Unintended Pregnancy within the First Year of Use		% of Women Continuing Use at One Year ³
	Typical Use ¹ (2)	Perfect Use ² (3)	(4)
No method ⁴	85	85	
Spermicides ⁵	28	18	42
Fertility awareness-based methods	24		47
Standard Days method ⁶		5	
TwoDay method ⁶		4	
Ovulation method ⁶		3	
Symptothermal method ⁶		0.4	
Withdrawal	22	4	46
Sponge			36
Parous women	24	20	
Nulliparous women	12	9	
Condom ⁷			
Female (fc)	21	5	41
Male	18	2	43
Diaphragm ⁸	12	6	57
Combined pill and progestin-only pill	9	0.3	67
Evra patch	9	0.3	67
NuvaRing	9	0.3	67
Depo-Provera	6	0.2	56
Intrauterine contraceptives			
ParaGard (copper T)	0.8	0.6	78
Mirena (LNg)	0.2	0.2	80
Implanon	0.05	0.05	84
Female sterilization	0.5	0.5	100
Male sterilization	0.15	0.10	100

Used with permission. Trussell J. Contraceptive efficacy. In: Hatcher RA, Trussell J, Nelson AL, Cates W, Kowal D, Policar M. *Contraceptive technology: Twentieth Revised Edition*. New York (NY): Ardent Media, 2011. p. 52.

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