Appendix 1: Baseline characteristics of randomized patients who were and were not followed up at 12 months (as supplied by the authors)

Male gender 26 (59%) 193 (57%) 0.82 Ethnicity White 31 (70%) 260 (77%) Black 8 (18%) 41 (12%) Other 5 (12%) 36 (11%) 0.51* IMD score 2007 18.4 (12.6) 18.4 (10.4) 0.99 Rankin score 0 No symptoms 10 (23%) 97 (29%) 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 Unable to do all previous activities 12 (27%) 91 (27%) 3+ Need help with selfcare 7 (16%) 60 (18%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 TIA 6 (27%) 102 (32%) 0.80* I schaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51		Not followed up (n=44)	Followed up (n=337)	P value
Ethnicity White 31 (70%) 260 (77%) Black 8 (18%) 41 (12%) Other 5 (12%) 36 (11%) 0.51* IMD score 2007 18.4 (12.6) 18.4 (10.4) 0.99 Rankin score 0 No symptoms 10 (23%) 97 (29%) 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 Unable to do all previous activities 12 (27%) 91 (27%) 3+ Need help with selfcare 7 (16%) 60 (18%) 0.88* Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Age	73 (13.7)	72 (11.9)	0.52
White 31 (70%) 260 (77%) Black 8 (18%) 41 (12%) Other 5 (12%) 36 (11%) 0.51* IMD score 2007* 18.4 (12.6) 18.4 (10.4) 0.99 Rankin score 0 No symptoms 10 (23%) 97 (29%) 1 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 2 Unable to do all previous activities 12 (27%) 91 (27%) 3.4 3+ Need help with selfcare 7 (16%) 60(18%) 0.88** Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 1 TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 190 (60%) Body pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2)	Male gender	26 (59%)	193 (57%)	0.82
Black 0, 11% 0, 11% 0, 151* Other 5 (12%) 36 (11%) 0,51* IMD score 2007 18.4 (12.6) 18.4 (10.4) 0,99 Rankin score 0 No symptoms 10 (23%) 97 (29%) 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 Unable to do all previous activities 12 (27%) 91 (27%) 3+ Need help with selfcare 7 (16%) 60 (18%) 0.88** Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 15 (68%) 190 (60%) Blood pressure Systolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Ethnicity			
Other 5 (12%) 36 (11%) 0.51* IMD score 2007 18.4 (12.6) 18.4 (10.4) 0.99 Rankin score 0 No symptoms 10 (23%) 97 (29%) 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 Unable to do all previous activities 12 (27%) 91 (27%) 3+ Need help with selfcare 7 (16%) 60(18%) 0.88* Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 1 TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) 190 (60%) Both or type unknown 0 (0) 5(2%) 10 Bload pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) </td <td>White</td> <td>31 (70%)</td> <td>260 (77%)</td> <td></td>	White	31 (70%)	260 (77%)	
IMD score 2007	Black	8 (18%)	41 (12%)	
Rankin score 0 No symptoms 10 (23%) 97 (29%) 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 Unable to do all previous activities 12 (27%) 91 (27%) 3+ Need help with selfcare 7 (16%) 60 (18%) 0.88** Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) 11A 6 (27%) 102 (32%) 104 (32%) 105 (30%) 106 (30%) 108 (60%) 109 (Other	5 (12%)	36 (11%)	0.51 ⁺
0 No symptoms 10 (23%) 97 (29%) 1 Minor symptoms which don't affect activities 15 (34%) 89 (26%) 2 Unable to do all previous activities 12 (27%) 91 (27%) 3+ Need help with selfcare 7 (16%) 60(18%) 0.88** Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) 190 (60%) Both or type unknown 0(0) 5(2%) 0.72 Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of 0.25 71 (21%) 0.35 Atrial Fibrillation	IMD score 2007 [*]	18.4 (12.6)	18. 4 (10.4)	0.99
1 Minor symptoms which don't affect activities 2 Unable to do all previous activities 3+ Need help with selfcare 3+ Need help with selfcare Abbreviated Mental Test Score 10/10** 33 (77%) 393 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) TIA 6 (27%) 102 (32%) 102 (32%) 104 (15%) 109 (60%) Haemorrhagic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 191 (6%) Both or type unknown 0 (0) 5 (2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 137 (41.4) 138 (20.7) 0.78 Diastolic mmHg 14 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Rankin score			
2 Unable to do all previous activities 3+ Need help with selfcare Abbreviated Mental Test Score 10/10** Abbreviated Mental Test Score 10/10** Anxious (FEAR questionnaire) (n=376) TIA 6 (27%) 102 (32%) 102 (32%) 104 (60%) Haemorrhagic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 15 (68%) 190 (60%) Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.035	0 No symptoms	10 (23%)	97 (29%)	
3+ Need help with selfcare 7 (16%) 60(18%) 0.88*** Abbreviated Mental Test Score 10/10** 33 (77%) 293 (88%) 0.035 Anxious (FEAR questionnaire) (n=376) 7 (16%) 60 (18%) 0.72 Event prior to recruitment (n=336) n=22 n=316 TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	1 Minor symptoms which don't affect activities	15 (34%)	89 (26%)	
Abbreviated Mental Test Score 10/10** Anxious (FEAR questionnaire) (n=376) Anxious (FEAR questionnaire) (n=376) Event prior to recruitment (n=336) TIA 6 (27%) 102 (32%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0 (0) 5 (2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 9.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) Angina or heart attack 7 (16%) 69 (20%) 0.053	2 Unable to do all previous activities	12 (27%)	91 (27%)	
Anxious (FEAR questionnaire) (n=376) Event prior to recruitment (n=336) TIA 6 (27%) 102 (32%) 1080* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 9.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) Patient reported past history of Diabetes Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) Angina or heart attack 7 (16%) 60 (18%) 60 (18%) 0.72 102 (32%) 100 (60%) 190 (3+ Need help with selfcare	7 (16%)	60(18%)	0.88++
Event prior to recruitment (n=336) TIA 6 (27%) 102 (32%) 0.80* Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) Angina or heart attack 7 (16%) 69 (20%) 0.50	Abbreviated Mental Test Score 10/10**	33 (77%)	293 (88%)	0.035
TIA 6 (27%) 102 (32%) 0.80 ⁺ Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Anxious (FEAR questionnaire) (n=376)	7 (16%)	60 (18%)	0.72
Ischaemic stroke 15 (68%) 190 (60%) Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure 5ystolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of 0.35 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Event prior to recruitment (n=336)	n=22	n=316	
Haemorrhagic stroke 1 (5%) 19 (6%) Both or type unknown 0(0) 5(2%) Blood pressure 5(2%) Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of 0.25 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	TIA	6 (27%)	102 (32%)	0.80+
Both or type unknown 0(0) 5(2%) Blood pressure 5ystolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of 0.35 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Ischaemic stroke	15 (68%)	190 (60%)	
Blood pressure Systolic mmHg	Haemorrhagic stroke	1 (5%)	19 (6%)	
Systolic mmHg 137 (24.3) 138 (20.7) 0.78 Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Both or type unknown	0(0)	5(2%)	
Diastolic mmHg 74 (16.4) 74 (11.1) 0.98 Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Blood pressure			
Body mass index (n=331) 27.3 (6.3) 27.7 (5.2) 0.63 Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Systolic mmHg	137 (24.3)	138 (20.7)	0.78
Current smoker (n=379) 8 (18%) 38 (11%) 0.25 Patient reported past history of	Diastolic mmHg	74 (16.4)	74 (11.1)	0.98
Patient reported past history of 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Body mass index (n=331)	27.3 (6.3)	27.7 (5.2)	0.63
Diabetes 12 (27%) 71 (21%) 0.35 Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Current smoker (n=379)	8 (18%)	38 (11%)	0.25
Atrial Fibrillation 11 (25%) 72 (21%) 0.55 Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Patient reported past history of			
Stroke or TIA (prior to presenting event) 12 (27%) 103 (31%) 0.66 Angina or heart attack 7 (16%) 69 (20%) 0.51	Diabetes	12 (27%)	71 (21%)	0.35
Angina or heart attack 7 (16%) 69 (20%) 0.51	Atrial Fibrillation	11 (25%)	72 (21%)	0.55
	Stroke or TIA (prior to presenting event)	12 (27%)	103 (31%)	0.66
Number of antihypertensive drugs 1.9 (1.1) 1.8 (1.1) 0.36	Angina or heart attack	7 (16%)	69 (20%)	0.51
	Number of antihypertensive drugs	1.9 (1.1)	1.8 (1.1)	0.36

Data are mean(SD) or number (%)

Index of multiple deprivation (IMD) 2007 scale ranges from 0.37 to 85.46.

"n=43 and n=332 as some patients had speech problems. Comprehension good and inclusion approved by clinic doctor.
"n=43 and n=332"
"n=23 and n=313 46 participants stroke type unknown.

n=22 and n=313, 46 participants stroke type unknown

n=39 and n=292 as some patients too frail for measurement

⁺ Chisquare with 2 d.f.

⁺⁺Chisquare for trend