

Appendix 2: Diastolic blood pressure in intervention and control groups (as supplied by the authors)

	Mean (SD) blood pressure (mm Hg)			Mean difference(95% CI) from baseline (mmHg)		Intervention- control Mean (95% CI) Difference in fall (mmHg)*	
	Baseline (n=337)**	6 months (n=352)***	12 months (n=337)	6 months (n=352)	12 months (n=337)	Baseline to 6 months (n=352)	Baseline to 12 months (n=337)
Diastolic blood pressure all subjects							
Intervention (n=168)	75.5 (11.5)	74.1 (12.3)	73.9 (12.3)	1.8 (0.2, 3.3)	1.6 (-0.1, 3.3)	0.0 (-1.9, 2.0)	0.2 (-2.0, 2.3)
Control (n=169)	72.7 (10.6)	72.4 (11.1)	72.5 (11.0)	0.6 (-1.0, 2.2)	0.2 (-1.5, 1.9)		
Patients with Rankin score <=1							
Intervention (n=93)	76.5 (11.6)	73.9 (12.5)	74.4 (12.7)	2.7 (0.5, 4.9)	2.1(-0.2, 4.3)	0.2 (-2.4, 2.8)	-0.3 (-3.2, 2.6)
Control (n=93)	73.5 (10.1)	72.3 (11.1)	72.7 (10.4)	1.0 (-1.0, 3.0)	0.8(-1.2, 2.8)		
Patients with Rankin score >=2							
Intervention (n=75)	74.2 (11.3)	74.4 (12.2)	73.2 (12.0)	-0.0 (-2.7, 2.6)	1.0 (-1.6, 3.6)	-0.2 (-3.1, 2.8)	0.7 (-2.4, 3.9)
Control (n=76)	71.7 (11.1)	72.5 (11.2)	72.3 (11.8)	0.7 (-1.5, 3.0)	-0.6 (-3.4, 2.2)		
Interaction p-value						0.81	0.73
Patients with baseline BP reading > 140/90 and <200/100							
Intervention (n=68)	79.5 (10.6)	74.3 (11.8)	73.4 (12.1)	5.5 (3.6, 7.3)	6.1 (3.6, 8.6)	0.1 (-2.9, 3.1)	1.8 (-1.5, 5.0)
Control (n=65)	78.4 (9.9)	73.9 (10.5)	74.5 (11.0)	5.2 (2.8, 7.5)	3.9 (1.6, 6.3)		
Patients with baseline BP reading <=140/90							
Intervention (n=94)	71.0 (9.3)	72.9 (11.9)	73.3 (12.0)	-1.9 (-4.0,0.1)	-2.3 (-4.4, -0.2)	-0.0 (-2.5, 2.5)	-0.4 (-3.0, 2.3)
Control (n=102)	68.8 (9.0)	71.4 (11.5)	71.5 (10.9)	-2.6 (-4.4, -0.7)	-2.7 (-4.8, -0.7)		
Interaction p value						0.97	0.32

* Adjusted for stratification factors (age,sex and Rankin score) and baseline diastolic blood pressure

** Baseline data for patients followed up for 12 months

*** 175 intervention and 177 control patients were followed up for six months