Appendix 2 (as supplied by the authors)

Outcomes Coding Scheme

(Adapted from the "Cochrane Consumers and Communication Group" Outcomes Taxonomy)

Outcome Category	Outcome Subcategory	Coding (outcomes as reported in included studies)
Treatment outcomes (Patient-level)	Adverse outcomes: Complications, complication rate; need for medical intervention (e.g., C-section); Morbidity, Mortality; Relapse; Side effects of drugs	Diabetes complications; Behaviours related to medication safety; Mortality; Attrition.
	Clinical assessments: For example, wound healing (is the wound healing), symptom resolution (are symptoms being reduced/resolved)	Treatment response (>50% reduction from baseline); CVD risk; Waist measurement in cm; Disease severity (COPD; CHD); Severity of symptoms; ; Severity of depression (depression score: mean/reduction PHQ-9/PAID/SCL score; changes in depression; Depression diagnosis; Depression free days ; Depression remission rate; Diabetes; Depression remission; Changes in cognitive function; Any depression treatment; Pain intensity; Change in pain severity; Change in walk test; Home visits; Telephone contact between patients and providers.
	Physiological measures: For example, blood pressure (BP), cell counts, blood glucose level	Change in BP; systolic BP; Change in fasting LDL; mean HbA1c at baseline; total cholesterol; LDL/HDL/triglycerides; glucose control.
Health status and well being (Patient-level)	Physical health of patient or caregiver: Level of activities of daily living; Level of dependency; Self-care abilities, self-efficacy	Self-efficacy ability; Self-management ability; Patient activation; Positive self- confidence; Goal setting; General health; Vitality; Sleep quality; Functional impairment; Health-related functional status; Overall functioning; Disability; Dyspnea-related disability; General health status; Health status rating; General health and well-being; Interference with daily activities due to arthritis;
	Psychological health of patient or caregiver: Level of anxiety, depression, mood, wellbeing; Self-esteem, levels of confidence; Perceptions of coping; Psychological stress due to receiving information	Anxiety; BSI anxiety scores; Anxiety rate; Confidence score; Emotion; Self- reported depression; Diabetes-related emotional stress; Socioeconomic stress
	Psychosocial outcomes: Quality of life, life satisfaction; Family functioning; Social activity; Cost of illness (economic, social or psychological cost or personal loss to self, family or immediate community, i.e., personal cost)	Quality of life (QOL) measures (SF-12/36) to assess physical function, mental health, patient satisfaction.
Health Behaviour	Attitudes:	Medication safety attitude; Attitude/intention/subjective norm for healthy eating, physical activity; Diet/medication behavior.

Appendix to: Kastner M, Cardoso R, Lai Y, et al. Effectiveness of interventions for managing multiple high-burden chronic diseases in older adults: a systematic review and meta-analysis. *CMAJ*2018. doi: 10.1503/cmaj.171391

(Patient-level)	Attitude towards the disease, condition, treatment or health care, lay beliefs	
	Compliance: Acceptance of health care; Patient compliance (with treatment, medication); Self- care compliance; Factors affecting compliance; Intent to change health behaviour	Adherence to medication; Medication behavior; Antidepressant use; Self-reported compliance; Self-reported antidepressant use
	Health enhancing life-style or behavior outcomes: Diet; Exercise; Weight control; Self-monitoring (e.g., blood glucose level)	Number of patients exercising/smoking/alcohol; Patients referred to an exercise program; Exercise routine; Healthy eating; Physical activity.
	Risk-taking behaviour: Smoking; Alcohol consumption	Alcohol use; Smoking.
	Use of services or interventions: Use of services (e.g., screening or vaccination programs)	Antidepressant and psychotherapy counseling; Mental health service use or specialty visit; Referred to mental health worker; Community linkages
Knowledge and Understandin g (Patient- and Provider-level)	Patient Knowledge acquisition (level of knowledge or increase in knowledge about a disease, condition, procedure or treatment):	Medication safety knowledge; Knowledge about medication
	Knowledge about expected and undesired effects of treatment; Knowledge or risk, accurate risk perception; Family members level of knowledge; Changes to beliefs about disease, condition, etc.	
	Provider level of knowledge or skills: Performance of procedures measures (number of attempts, completion, time taken)	Proportion of deficiencies addressed by PCPs in CAD/DM management; Referred to exercise program; Performance measure: Documentation of up-to- date LDL-C result, lipid therapy started/changed if LDL-C above goal, up-to-date BP result, change in antihypertensive therapy if BP above goal, smoking status, smoking cessation medication started if active smoker, up-to-date height and weight documented; Referred to exercise program.
Evaluation of care (Patient- level)	Satisfaction: Patient satisfaction with the information provided; Satisfaction with the decision/s made; Satisfaction with care; Caregiver satisfaction; Sense of control	Patient satisfaction; Satisfaction in depression treatment; Content patients like/dislike about intervention; Perceived behavioural control; User acceptance; Perceived ease of use; Perceived usefullness

	Perceptions and ratings of care or interventions: Training program assessment	Patient perceptions of intervention; Overall usefulness of intervention to help self-manage; Value of collaborative care; Value of intervention
Skills Acquisition	Self-care skills	Self-management skills; Self-efficacy; Diabetes self-care behaviours: Exercise days, weekly glucose testing days, weekly foot inspection days, followed recommended diet, took prescribed medication; Depression self-efficacy; Overall usefulness of intervention to help self-manage
Health Service Delivery	Health economic outcomes: Costs of specific interventions (e.g., educational, medical); Costs of care (e.g., costs of in- patient care, costs of home- care); Costs of discharge planning (e.g., to hospital and community)	Hospital cost; medication cost; program cost; intervention cost
	Service utilization: Admission to hospital; Usage of specific services (e.g., use of outpatient treatment); Length of stay in hospital; Readmission rate to hospital	Hospitalizations; rehospitalization; Days free from hospitalization; Hospital LOS; ED visits; Number of nurse home visits; Outpatient visits; time to ED use; number of nursing visits; total healthcare appointments; total home visits; specialty and primary care visits; Feasibility of the intervention (measured by attrition rates); Mental health service use.